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				1 6.15am Yoga Hatha Flow. \$40 intro pass, two weeks unlimited classes 4pm Kids Yoga 6pm Yoga Slow Flow. \$40 intro pass, two weeks unlimited classes mindbodyspacebenalla.com, 122 Bridge Street. Benalla, (top floor)	2 GOOD FRIDAY SCHOOL HOLIDAYS START 9.30am Yoga Slow Flow. \$40 intro pass, two weeks unlimited classes. mindbodyspacebenalla.com, 122 Bridge Street. Benalla, (top floor)	3 EASTER SATURDAY 8am Benalla Botanical Gardens Parkrun. Free 5km walk or run. Rocket Park, Benalla Botanical Gardens. mindbodyspacebenalla.com, 122 Bridge Street. Register before running at parkrun.com.au/register/ To volunteer, email benallabotanicalgardens@parkrun.com 9.30am
4 EASTER SUNDAY 9.30am Yoga Slow Flow mindbodyspacebenalla.com, 122 Bridge St Benalla Squash and Racquetball. 5pm Come and Try, Social Squash. Racquets and balls are available for free hire and coaching is available. 5 Thomas Street Benalla 0421 036 395. benallasquashclub@gmail.com	5 EASTER MONDAY 9.30am Yoga Gentle Hatha. \$40 intro pass two weeks unlimited classes. 7.30pm Restorative Yoga. \$40 intro pass, two weeks unlimited classes mindbodyspacebenalla.com, 122 Bridge Street. Benalla, (top floor)	6 6.15am Yoga Hatha Flow. \$40 intro pass, two weeks unlimited classes 6pm Yoga Hatha \$40 intro pass, two weeks unlimited classes mindbodyspacebenalla.com, 122 Bridge Street. Benalla, (top floor)	7 8.30am Heart Foundation Walking Group, leaves Amcal+ Benalla Pharmacy 11am Chair based Tai Chi, 12.30 Tai Chi, Benalla Community Care Centre. 5.45pm Yoga YIN. mindbodyspacebenalla.com 6.30pm Benalla Squash/ Racquetball competition. 7pm-10.30pm, social dance St Joseph's Hall.	8 Enjoy cycling? Get out to the Winton Wetlands and check out the silo art! There is now a bike path connecting Benalla (Sydney Road) to the Winton Wetland trail network. For a map visit wintonwetlands.org.au/visit/biking/ 6.15am Yoga Hatha 4pm Kids Yoga 6pm Yoga Slow Flow. \$40 intro pass two weeks unlimited classes mindbodyspacebenalla.com 122 Bridge Street. Benalla Vic 3672 (top floor)	9 Looking to get active in Benalla? Check out the Benalla Exercise Directory for a list of fun activities. benallaservices.com.au/subcategory/indoor_recreation_and_leisure 9.30am Yoga Slow Flow. \$40 intro pass two weeks unlimited classes. mindbodyspacebenalla.com 122 Bridge Street	10 8am Benalla Botanical Gardens Parkrun. Free 5km walk or run. Rocket Park, Benalla Botanical Gardens, Bridge St Benalla. Register before running at parkrun.com.au/register/ To volunteer, email benallabotanicalgardens@parkrun.com
11 9.30am Yoga Slow Flow mindbodyspacebenalla.com, 122 Bridge St Benalla Squash and Racquetball. 5pm Come and Try, Social Squash. Racquets and balls are available for free hire and coaching is available. 5 Thomas Street Benalla 0421 036 395. benallasquashclub@gmail.com	12 9.30am Yoga Gentle 7.30pm Restorative Yoga. \$40 intro pass two weeks unlimited classes mindbodyspacebenalla.com, 122 Bridge Street. 6.30pm Benalla Squash and Racquetball, competition night. 5 Thomas Street Benalla 0421 036 395.	13 Looking to get active in Benalla? Check out the Benalla Exercise Directory for a list of fun activities. benallaservices.com.au/subcategory/indoor_recreation_and_leisure 6.15am Yoga Hatha Flow. 6pm Yoga Hatha \$40 intro pass two weeks unlimited mindbodyspacebenalla.com 122 Bridge Street	14 8.30am Heart Foundation Walking Group, leaves Amcal+ Benalla Pharmacy 11am Chair based Tai Chi, 12.30 Tai Chi, Benalla Community Care Centre. 5.45pm Yoga YIN. mindbodyspacebenalla.com 6.30pm Benalla Squash/ Racquetball competition. 7pm-10.30pm, social dance St Joseph's Hall.	15 6.30pm Benalla Squash and Racquetball- Competition night. 5 Thomas Street Benalla 0421 036 395. 6.15am Yoga Hatha 4pm Kids Yoga 6pm Yoga Slow Flow. mindbodyspacebenalla.com 122 Bridge Street	16 Visit getactive.vic.gov.au You can set goals, track your activity and team up with your work colleagues, family and friends. Sign up for free access to workouts, games, challenges, articles and recipes. 9.30am Yoga Slow Flow. mindbodyspacebenalla.com 122 Bridge Street	17 8am Benalla Botanical Gardens Parkrun. Free 5km walk or run. Rocket Park, Benalla Botanical Gardens, Bridge St Benalla. Register before running at parkrun.com.au/register/ To volunteer, email benallabotanicalgardens@parkrun.com
18 END SCHOOL HOLIDAYS Benalla Squash and Racquetball. 5pm Come and Try, Social Squash. 0421 036 395. Tomorrow Today Foundation Free Come and Try Day! 10am Churchill Reserve Benalla 9.30am Yoga Slow Flow. mindbodyspace.com 122 Bridge St	19 Gibbs Taekwonda Beginners Class 5pm. Full Class 5.30pm, St Joseph's Primary School Hall 6.30pm Benalla Squash and Racquetball- Competition night. 9.30am Yoga Gentle 7.30pm Restorative Yoga. mindbodyspacebenalla.com	20 6.30pm Benalla Squash and Racquetball- Competition night. 5 Thomas Street Benalla 0421 036 395. 6.15am Yoga Hatha Flow. 6pm Yoga Hatha \$40 intro pass two weeks unlimited mindbodyspacebenalla.com 122 Bridge Street	21 8.30am Heart Foundation Walking Group, leaves Amcal+ Benalla Pharmacy 11am Chair based Tai Chi, 12.30 Tai Chi, Benalla Community Care Centre. 5.45pm Yoga YIN. mindbodyspacebenalla.com 6.30pm Benalla Squash/ Racquetball competition. 7pm-10.30pm, social dance St Joseph's Hall.	22 Pickeball Come and Try Day! Free for all ages and abilities, 10am and 11am Benalla Indoor Recreation Centre, Ackerly Ave Benalla. To book, phone (03) 58318456 or online trybooking.com/BPQKN 6.15am Yoga Hatha 4pm Kids Yoga 6pm Yoga Slow Flow mindbodyspacebenalla.com	23 6.30pm Benalla Squash and Racquetball competition night. 5 Thomas Street Benalla 0421 036 395. 9.30am Yoga Slow Flow. \$40 intro pass, two weeks unlimited classes. mindbodyspacebenalla.com 122 Bridge Street	24 8am Benalla Botanical Gardens Parkrun. Free 5km walk or run. Register before running at parkrun.com.au/register/ To volunteer, email benallabotanicalgardens@parkrun.com 7pm to 11.30pm Social dance with the Benalla Social Dance Group, \$10 per person. St Joseph's Hall, Wedge St Benalla.
25 ANZAC DAY 9.30am Yoga Slow Flow mindbodyspacebenalla.com, 122 Bridge St Benalla Squash and Racquetball. 5pm Come and Try, Social Squash. Racquets and balls are available for free hire and coaching is available. 5 Thomas Street Benalla 0421 036 395. benallasquashclub@gmail.com	26 Gibbs Taekwonda Beginners Class 5pm. Full Class 5.30pm, St Joseph's Primary School Hall. 9.30am Yoga Gentle 7.30pm Restorative Yoga. mindbodyspacebenalla.com/ 122 Bridge Street. 6.30pm Benalla Squash and Racquetball competition night.	27 6.30pm Benalla Squash and Racquetball- Competition night. 5 Thomas Street Benalla 0421 036 395. 6.15am Yoga Hatha Flow. 6pm Yoga Hatha \$40 intro pass two weeks unlimited mindbodyspacebenalla.com/ 122 Bridge Street	28 8.30am Heart Foundation Walking Group, leaves Amcal+ Benalla Pharmacy 11am Chair based Tai Chi, 12.30 Tai Chi, Benalla Community Care Centre. 5.45pm Yoga YIN. mindbodyspacebenalla.com 6.30pm Benalla Squash/ Racquetball competition. 7pm-10.30pm, social dance St Joseph's Hall.	29 6.15am Yoga Hatha 4pm Kids Yoga 6pm Yoga Slow Flow. \$40 intro pass two weeks unlimited classes. mindbodyspacebenalla.com 122 Bridge Street. Check out free online workouts including Pilates, Strength, chair based, low impact and mobility getactive.vic.gov.au	30 Visit getactive.vic.gov.au You can set goals, track your activity and team up with your work colleagues, family and friends. Sign up for free access to workouts, games, challenges, articles and recipes. 9.30am Yoga Slow Flow. mindbodyspacebenalla.com 122 Bridge Street	