

Fact sheet:

What is expressive aphasia?

Expressive aphasia refers to a person's difficulty in using words. This usually occurs after a stroke.

What happens when you have difficulty using words?

You may have difficulty with:

- Speaking
- Saying the right word
- Saying the right sounds
- Using words in sentences
- Writing words down

Why does it happen?

The part of the brain that controls the use of words has been damaged.

What can I do to help myself?

- Keep communicating in any way you can
- If you can talk:
 - o Say one word at a time
 - o Talk slower

You can also use other ways to get your message across

- Use body actions (gestures)
- Point to an object or person
- Point to a photo or picture
- Draw it or write it down

Getting your message across is more important than getting every word right.

What can others do to help me?

- The speech pathologist can help you find the best way to keep communicating.
- Your family and friends can also learn ways to help keep communicating with you.

More information

More information is available at Benalla Health.

Phone (03) 5761 4500 and ask to speak to a speech pathologist.